

BIODYNAMIC WINE TASTING

FRUIT DAY

The wine enhances the harmony of all ingredients: the most obvious being the fruit notes, naturally, but also its the balance achieved in ripening the grape.

FLOWERS DAY

After the fruit days, the flower days are better for wine tasting. This is the moment when the wines are particularly fragrant and delicate.

LEAVES DAY

Now the plant aromas are enhanced. Although it is not a good wine tasting day, it can be a good time for fortified wines or young whites, with noticeable herbal notes.

ROOT DAY

These increase the tannin notes, as the fruit hides away. It is the ideal time to perceive the link between a vine and a specific soil, or a specific, singular location.

LUNAR NODE

A negative day, when no agricultural or tasting activity is advisable. On lunar node days, you should not even contemplate opening a bottle of good wine.

